

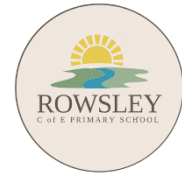
# Rowsley C of E (VC) Primary School

Woodhouse Road, Rowsley, Matlock, Derbyshire, DE4 2ED

Tel / Fax: (01629) 733727

Email: [info@rowsley.derbyshire.sch.uk](mailto:info@rowsley.derbyshire.sch.uk)

Executive Head Teacher: Mrs Wyer



21<sup>st</sup> October 2025

Dear Parents and Carers,

The Autumn/Winter lunch menu has now been issued by Derbyshire County Council Catering Service, however they no longer produce printed leaflets.

The menu follows a three-week cycle, and is detailed overleaf for your information. The menu will run from after half term until Easter.

If your child brings packed lunches and would like to change to a school meal, please let me know. Infant meals are free to all, and junior meals are charged at £3.25 per day (unless receiving Pupil Premium funding).

Also, a reminder that if your child would like to change from school meals to packed lunches on any day, please give a few days' notice to me in the office. **If I am not notified, I won't know that they are bringing a packed lunch and will continue to order school lunches, which you will still be charged for.**

Many Thanks

Shelley Middlebrook  
School Business Manager  
[s.middlebrook@peaktorfederation.co.uk](mailto:s.middlebrook@peaktorfederation.co.uk)

Meals are subject to change depending on availability of ingredients. Meals are served with a side dish (potatoes, rice, pasta etc), bread, vegetables, salad and fruit every day.

<b>Dates</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Week 1</b> w/c 03.11.25 24.11.25 15.12.25 19.01.26 09.02.26 09.03.26	Main meal: <b>Beef bolognese</b>  Vegetarian: <b>Margherita pizza</b>  Dessert: <b>Gingerbread cookie</b>	Main meal: <b>Chicken burger in a bun</b>  Vegetarian: <b>Quorn burger or pasta and tomato sauce</b>  Dessert: <b>Chocolate orange muffin</b>	Main meal: <b>Toad in the hole</b>  Vegetarian: <b>Creamy cauliflower bake</b>  Dessert: <b>Bitesize cornflake bar with fruit</b>	Main meal: <b>Sweet and sour Quorn dippers</b>  Vegetarian: <b>As above</b>  Dessert: <b>Lemon sponge tart</b>	Main meal: <b>Fishy Friday</b>  Vegetarian: <b>Veggie fingers</b>  Dessert: <b>Autumn fruit crumble</b>
<b>Week 2</b> w/c 10.11.25 01.12.25 05.01.26 26.01.26 23.02.26 16.03.26	Main meal: <b>Chicken goujons with BBQ sauce</b>  Vegetarian: <b>Bean chilli taco</b>  Dessert: <b>Shortbread slice</b>	Main meal: <b>Margherita pizza</b>  Vegetarian: <b>As above</b>  Dessert: <b>Chocolate cracknel</b>	Main meal: <b>Filled Yorkshire pudding</b>  Vegetarian: <b>Cheese and tomato puff pastry swirl</b>  Dessert: <b>Bitesize sprinkle cake with fruit</b>	Main meal: <b>Big breakfast</b>  Vegetarian: <b>Veggie breakfast</b>  Dessert: <b>Jelly and fruit</b>	Main meal: <b>Fishy Friday</b>  Vegetarian: <b>Cheesy pasta bake</b>  Dessert: <b>Jam roly poly</b>
<b>Week 3</b> w/c 17.11.25 08.12.25 12.01.26 02.02.26 02.03.26 23.03.26	Main meal: <b>Veggie sausage roll</b>  Vegetarian: <b>As above</b>  Dessert: <b>Toffee apple muffin</b>	Main meal: <b>Pork meatball sub-roll</b>  Vegetarian: <b>Veggie meatball sub-roll</b>  Dessert: <b>Bitesize chocolate crunch with fruit</b>	Main meal: <b>Roast of the day with stuffing</b>  Vegetarian: <b>Quorn fillet with stuffing</b>  Dessert: <b>Mousse</b>	Main meal: <b>Chicken curry</b>  Vegetarian: <b>Macaroni cheese</b>  Dessert: <b>Carrot cake cookie</b>	Main meal: <b>Fishy Friday</b>  Vegetarian: <b>Pizza panini</b>  Dessert: <b>Chocolate pudding</b>